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PREVILAGES, PREROGATIVES' & UNDERDOGS



Adv. Sivasankaran A.V. - An independent nation for 75 years which has made many strides we are yet to liberate ourselves from the colonial mindsets. In fact, our emancipation has been

jeopardized by the education system in which English has been relegated into the background. We have decimated 500 kings big and small, and eliminated almost 570 kingdoms to usher in our democratic republic but failed to keep the promises as a nation. Even privy purses were abolished subsequently to pave way for the enrichment of the newly elected representatives who are today nothing short of viceroys. We are now

witnessing the emergence of an elite class where richness cannot be attributed either to wisdom or hard work or to the intelligence, or to their creative contribution of any kind. We are witnessing a scenario in which we facilitate the emergence of more and more privileged classes and bureaucrats.

How else one could explain the conduct of a new IAS entrant using disability as a

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NAVI MUMBAI INTERNATIONAL AIRPORT TO OPEN IN MARCH 2025



Staff Reporter - Minister of State for Civil Aviation, Murlidhar Mohol, announced that the Navi Mumbai International Airport is set to begin operations in March 2025. Union Civil Aviation Minister Kinjarapu Ram-mohan Naidu and Mohol visited the airport site to review the progress of the ongoing construction.

“Based on the current progress, the airport will be operational by March next year. This will significantly enhance connectivity with neighbouring cities such as Mumbai, Pune, Thane, Kalyan, and the broader western Maharashtra region,” Mohol stated,

emphasising the airport’s international standards and its expected annual footfall of nearly 20 million passengers. He also expressed support for naming the airport after the late PWP leader DB Patil and assured that compensation issues for project-affected persons (PAP) would be addressed through discussions with management. “We are committed to ensuring that individuals who have contributed land for the airport project are not displaced,” the minister clarified, highlighting the government’s awareness and consideration of project-related issues and compensations.

Train Services Of Konkan Railway Affected Due To Soil Slippage

Staff Reporter - Train services of the Konkan Railway have been affected due to soil slippage between

the Diwankhavati-Vinhere section of the Ratnagiri region. The incident of soil slippage occurred yesterday

evening. As a result, the Lokmanya Tilak Thiruvananthapuram Central “Netravati” Express and Lokmanya Tilak Mangaluru Central Express have been cancelled. Five other trains have been diverted and two others have been short terminated. According to Konkan Railway, officials of the Navi Mumbai-headquartered Konkan Railway Corporation Ltd (KRCL) reached the spot and restoration work was in progress.



(Representational image)

NAVI MUMBAI BUILDER CHEATED IN LAND DEAL

Staff Reporter - The Navi Mumbai police have registered an FIR against four persons for allegedly cheating a real estate developer in a land deal, mention media reports. According to reports, the accused

forged documents to show ownership of a plot in Ulwe. Additionally, documents of various agreements required for a land deal including CIDCO related ones were shown to the victim. Reports mention

that the victim paid around Rs 66.75 lakh to the fraud land sellers between December 2021 and January 2023 as part of the land sale-purchase deal. An FIR has been filed for forgery, criminal breach of trust and criminal conspiracy and the Navi Mumbai police are probing the case.

UNION BUDGET IS DISAPPOINTING

--- Jubel D'Cruz

The Union Budget presented by Finance Minister Nirmala Sitharaman on July 24 is disappointing. Although it has taken care of the interests of many sectors and taxpayers, it has not given any specific relief to important sectors such as real estate and

automobiles. People should not get carried away by such cheap gimmicks. PM Narendra Modi had made many promises in the past but did not fulfill any of them; not even the Rs 15 lakh which he promised to give every citizen of India or the free food grains to the poor during the lockdown period.

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Editorial

BRITAIN SHOULD RETURN THE KOHINOOR DIAMOND TO INDIA

The British got a 5-year-old Indian prince to gift the Kohinoor diamond to them. Hence, it's no longer morally defensible for UK to hold on to this loot. The honorable thing to do is to return it from where they took it - India. The Kohinoor was mined in India and was one of the largest diamonds ever mined. After changing hands among various kings in India for centuries, it found its way to the legendary Ranjit Singh who ruled Punjab. The British conquered Punjab after his death in 1849 and installed his 5-year-old son Daleep Singh as the king under the regency of the British. Later, they got this child to gift the diamond to them. They also moved Daleep Singh to England, converted him to Christianity and did not allow him to meet his mother or any other Indian relative so that he wouldn't be aware of his heritage. After Queen Victoria's death, the Kohinoor was set in the crown of Queen Alexandra, the wife of King Edward VII and that was used to crown her at their coronation in 1902. The diamond was then transferred to Queen Mary's crown in 1911, and then to the queen mother's crown in 1937. The Kohinoor diamond was also worn by Queen Elizabeth-II during her reign as the monarch of England. The Kohinoor diamond is now part of the British monarch. It is currently on public display in the Jewel House at the Tower of London, seen by millions of visitors every day. With King Charles-III succeeding to the throne after his mother's death (Queen Elizabeth-II) on August 8, the 105-carat diamond, which is steeped in history, will go to his wife, Duchess of Cornwall Camilla, who has now become Queen consort. Hence, we Indians would like King Charles-III to return the Kohinoor diamond to its rightful owner, i.e. India.

HEALTH

KNOW YOUR PROSTATE GLAND

Staff Reporter - The Prostate Gland and its effect on men only. Yes, ONLY men have prostate and ONLY men over 40 years but the healthcare enlightenment is for everyone. There is no woman who does not know a man 40 years and above, father, uncle, brother, son, friend, neighbor, and colleague. Everyone has a pair of kidneys. The job of the kidney is to remove waste. It is the LAWMA (waste management company) of your body. Everyday your blood passes through the kidney several times to be filtered. As the blood is filtered, urine is formed and stored in a temporary storage tank called the

urinary bladder. If there were to be no urinary bladder, as a man walks on the road, urine will be dropping. Now think of the plumbing work in your house. Think of the urinary bladder as the overhead storage tank. From the storage tank, a good plumber will run pipes to other parts of the house, including the kitchen. God in His wisdom ran pipes from our urinary bladder to the tip of the penis. The pipe is called the urethra. Just below the bladder and surrounding the urethra is a little organ called the prostate gland. The prostate gland is the size of a walnut and weighs about 20grams.

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HUMAN RIGHTS

MUSLIM WOMEN (PROTECTION OF RIGHTS ON DIVORCE) ACT, 1986

General.- Under the Muslim Women (Protection of Rights on Divorce) Act, 1986, the liability for payment of maintenance to a divorced wife is created against the former husband during the period of iddat and after the expiry of iddat period, the liability has been fastened on the relatives and the Wakf Board as the case may be.

Having regard to the facts and circumstances of the case and the principle of law, the Court came to the following conclusions:

(i) A divorced Muslim woman is entitled to and can claim maintenance only under the provision and in accordance with the procedure provided under Sections 3 and 4 of the Muslim Women (Protection of Rights on Divorce) Act, 1986.

(ii) She is entitled to claim maintenance from her former husband for and during the period of iddat and besides that she is also entitled to claim dower amount agreed at the time of marriage and other properties which were given to her by her relatives and friends at the time of marriage or thereafter.

(iii) In case a divorced woman is not remarried and is not able to maintain herself after the expiry of iddat, she may bring an action claiming maintenance and she may be entitled to get maintenance in



Adv. Sosamma Varghese

B.A., LL.B, PG (Human Rights)

accordance with the procedure provided under Section 4 of the Act.

(iv) After the enactment of the aforesaid Act, a divorced woman is not entitled to bring an action for the said remedy under Section 125 of the Code of Criminal Procedure.

Maintenance allowance. - The maintenance allowance granted by the Magistrate to the wife under Section 125, Cr. P.C. had become final. This finding could not be allowed to be disturbed by filing an application under Section 127, Cr. P.C. The application under Section 127, Cr. P.C. was hit by the doctrine of issue estoppel.

Children of divorced Muslim wife are entitled to maintenance under Section 125, Cr. P.C.

Maintenance - A right or charity? - Section 4 (1) of the Muslim Women (Protection of Rights on Divorce) Act, 1986 lays down that if the divorced woman has not remarried and is not able to maintain

herself after the iddat period, the Magistrate may make an order directing such of her relatives as would be entitled to inherit her property on her death according to the Muslim Law to pay such reasonable and fair maintenance to her having regard to the standard of life enjoyed by her during her marriage and the means of such relatives.

Maintenance - Whether provisions are an eyewash? - The Muslim Women (Protection of Rights on Divorce) Act, 1986 has been enacted to make the law of maintenance in conformity with the personal law of Muslims insofar as it relates to the rights of maintenance of Muslim women after dissolution of marriage. No separate amount by way of fair and reasonable provision, over and above, the amount of maintenance, could be awarded under Section 3 (1) (a) of the Muslim Women (Protection of Rights on Divorce) Act, 1986.

Section 3 (1) (b) of the said Act does not in any way affect the rights of the minor children of divorced Muslim parents to claim maintenance from their father under Section 125 of Cr. P.C. till they attain majority or are able to maintain themselves, or in the case of females, till they are married.

DING DONG SING A SONG



C.K. SUBRAMANIAM - "Growing gracefully" can at the most be an example of an oxymoron. there cannot be, as such, any grace in growing old. It is a

myth. The phase of old age is reached after multiple sufferings and carry deep scars and dark crevices in our minds. There is no escape from growing old but the next generation carries the responsibility of not pushing them to the precipice of old age, where the only way out is to become non-existent. Unfortunately, the next generation is not aware of the sentiments of the aged, because we have been too busy to extend or manifest

these sentiments towards our elders. We always thought that they are strong enough to look after themselves under any circumstances. This confidence we got from our parents who said our grandparents are self-reliant and happy being rooted to the home in the village, because that is where they were born and brought up, surrounded by the relations, who are always at the beck and call of our grandparents.

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*From an
Easychair*

Jubel D'Cruz

FR. STAN SWAMY WILL LIVE FOREVER (IN OUR HEARTS)

When on 5 July 2021, the fascist regime of India, killed Jesuit priest Fr. Stan Swamy, they succeeded only in destroying the frail body of an 84-year-old Catholic priest. Today, three years later after that fateful day, the spirit of Fr. Stan Swamy lives on. Millions of people --- the Adivasis and the Dalits, the excluded and the exploited, the marginalised and the exploited, the displaced and the denied, the poor and other vulnerable, the academics and the writers, human rights defenders, other civil society and political leaders remember him fondly. The fascist regime has not been able to destroy the spirit of Fr. Stan Swamy – in fact, they will never be able to do so! His spirit lives on forever. The spirit of Fr. Stan Swamy will never be killed! His spirit is radiated through the five inter-related dimensions of symbol, servant, shepherd, singer and saint. Fr. Stan Swamy is a symbol of resistance! He is a symbol of hope! He is a symbol of a new dawn! He is a symbol that justice and truth, which will ultimately triumph, whatever the consequences or the price, one may temporarily have to pay! Fr. Stan Swamy is a sign-post, a non-negotiable direction for the country today, particularly for the sub-alterns, those who have nowhere to go, those who live on the peripheries of society. Fr. Stan Swamy is a symbol of the relentless struggles of ordinary people belonging to all sections of society. He is a symbol for the ostracised and the dehumanised, that all is not lost! That there is still hope and that change is inevitable. Fr. Stan Swamy was a servant made in the image and likeness of Jesus Christ. At the Last Supper, Jesus, went down on his knees to wash the feet of his disciples. It was an unimaginable gesture at that time. The mandate of Jesus to his disciples was clear: “Do this in memory of me!”, “Love one another, as I have loved you!” Stan Swamy lived this mandate throughout his life in the service

IDBI BANK RECRUITMENT 2024: SALARY UP TO 1000 PER HOUR.

Staff Reporter - The IDBI Bank recruitment drive is being conducted to fill 03 vacancies for Part Time Bank Medical Officers in the locations of Delhi, Belapur, Navi Mumbai, Corporate Centre, Cuffe Parade, Mumbai. Based on the official notification of IDBI Bank Recruitment 2024, the period of deputation for the selected candidates is 03 years. The candidate's age limit should not exceed 65 years. The chosen applicants will be paid Rs.1000 per hour.

of others. He served others without counting the cost! He did so with humility and selflessness. He epitomized what is referred to as 'servant-leadership'. Like Jesus Christ, he knelt down and washed the feet of his people; he embraced them; he held their hands and walked miles with them in their struggle for justice, liberty, equality, fraternity and dignity! He stayed in the villages where the Adivasis lived, ate their food, sang songs and danced with them. In short, he lived a simple, frugal life and his possessions were the meagre necessities. He was a compassionate pastor and a friend to those who needed help. A few days later after his death in July 2021, hundreds of people gathered together at 'Bagaicha' near Ranchi, the Centre he had begun for the rights of the Adivasis. During the memorial ceremony, his name was etched on the stone that had the names of other tribal leaders too who gave their lives for the sake of their people. Fr. Stan Swamy breathed his last after being repeatedly denied bail. He had finally got his freedom after being unjustly imprisoned for around 9 months. He has now gone into a land where no bail is required -- into the hands of a loving father. But a question comes to mind: When did Fr. Stan Swamy die? Did he die on July 5, 2021? No, Fr. Stan Swamy died on the day he was wrongly implicated in the Bhima-Koregaon case in which he was not connected at all. He died on the day he was wrongly imprisoned. He died on the day he was denied a sipper which he needed desperately on account of his physical condition. To honour the memory of Fr. Stan Swamy, and to keep alive his legacy, the Catholic Bishops' Conference of India (CBCI) must institute an annual award to be given to one or more activists working for social justice. This award must not be restricted to Christians only but open to people of all faiths. The award should carry a substantial sum of money as many of the activists are facing triumphed up charges but lack the financial resources to retain competent lawyers. The award will help boost the morale of social activists who at present feel that they are alone in fighting the injustices being meted out to the marginalised. It will also show that we are not cowards and support actions that are just and righteous. Yes, Fr. Stan Swamy is a martyr and a saint! Many people pray to him today!

Referring to the official notification of IDBI Bank Recruitment 2024, the applicant must have an MBBS/MD from any recognized University/College approved by the Medical Council of India in the Allopathic system of medicine. The selection process will be based on a personal interview. According to the official notification of IDBI Recruitment 2024, willing and capable officers who meet the criteria have to submit their duly filled application form.

New builder appointed to complete Mizoram House & Emporium in Navi Mumbai

Staff Reporter - Mizoram Chief Minister Lalduhoma during his interaction with staff and guests at Mumbai Mizoram House wherein he stated that a new builder will continue the construction of the Mumbai Mizoram State Guest House & Emporium at Navi Mumbai, where construction that was started in 2013 have been completed. On September 2, 2008 the City and Industrial Development Corporation of Maharashtra (CIDCO) awarded 1983.48 Square Metre Plot No. 9, Sector 30A Vashi (Navi Mumbai) to the government of Mizoram for a lease period of 90 years. An agreement was made between the government of Mizoram and a builder company named US Roofs Ltd. On January 1, 2009. Another agreement was also signed between Mizoram Government and CIDCO on March 9, 2010. The agreement stated that the plot will be solely used for State

Guest House & Emporium and that the US Roofs Ltd must complete its construction within a period of five years. On March 1, 2023, the then Chief Minister of Mizoram laid the foundation stone and the construction work started. But at the same year, the construction of Arunachal Bhawan (having same design as Mizoram House) by US Roofs Ltd was objected by CIDCO and as a result, US Roofs also halted their construction of Mizoram House. Though CIDCO gave an extension to US Roofs for 9.3.2015 - 8.3.2017 and another at 08.03.2019, the builder company failed to provide any extension fee. Since the US Roofs ltd failed to honour the agreement, the Assembly Committee have visited the ongoing construction and have submitted their findings to the State government. After an analysis by the Law &

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DING DONG SING Contd. from Page 2

This false notion got passed onto the generations after generation as a legacy or a family heirloom! The fault lies in all of us, we never tried to break the veil of this false confidence and get to know of the reality; Man, it appears been sacrificing his kids in pursuit of livelihood. Relocation has been the bane of our lives. We always justified moving away and re-settling at a new place. We lost the feeling of "self-respect" and "self-belief" and lived in the shadow of wrong perceptions, felt happy by satisfying ourselves by making a couple of trips to the parents/grandparents' dwellings. And very soon we have become the destinations for such visits from our progeny. And we are talking about "growing old gracefully". These words are hollow and have lost their meanings and strength to keep the aged cheerful. Probably a momentary cheer might be there, but soon it is

engulfed in the pains of loneliness, eagerly waiting for the inevitable. The showing in the movie OONCHAI, the Amitabh starrer, about carrying the ashes of the deceased friend for scattering them on the Himalayan Peaks. The theme of the movie is on the border of insanity. The three oldies venture out, unmindful of their physical abilities to handle the strenuous trek to the Himalayan Peaks. Apart from the dramatic situations included therein, one fact comes through clearly--the practice of hiding our poor health conditions. We are ashamed to disclose our true health conditions to the best of our friends. When we are hiding our feelings with our friends and loved ones, there can be grace in our lives. We are cheating ourselves by saying that, "I am growing old gracefully". Well adding the word, "gracefully", might be like applying cold cream on the singing!

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KNOW YOUR PROSTATE GLAND ... Contd. from Page 2

Its job is to make the seminal fluid which is stored in the seminal vesicle. During sexual intercourse, seminal fluid comes down the urethra and mixes with the sperms produced in the testicles to form the semen. So semen technically is not sperm. It is sperm + seminal fluid. The seminal fluid lubricates the sperm. After age 40, for reasons that may be hormonal, the prostate gland begins to enlarge. From 20 grams it may grow to almost 100 grams. As it enlarges, it squeezes the urethra and the man begins to notice changes in the way he urinates. If you have a son under 10, if he has a little mischief like we all did at that age, when he comes out to urinate, he can target the ceiling and the jet will hit target. Call his father to do same. His urine stream is weak, cannot travel a long distance and sometimes may come straight down on his legs. So he may need to stand in awkward position to urinate. Not many men will be worried their urine stream cannot hit the ceiling. Toilets are on the floor and not on the ceiling. But other symptoms begin to show. The man begins to notice that after urinating and repacking, urine still drops on his pants. This is the reason why after an older man urinates, he has to ring bell. A younger man simply delivers to the last drop and walks away. Just see an older man coming from the bathroom. Sometimes he may clutch the newspaper closely to hide the urine stains, particularly on plain coloured trousers. At this point you wait longer for the urine flow to start. There are 2 valves that must open for you to urinate — the internal and external sphincters. Both open but because of obstructions in the urethra, you wait longer for the flow to start. You have this feeling immediately after urinating that there is still something left. As all these things happen, the bladder begins to work harder to compensate for the obstruction in the urethra. The frequency of urination goes up. Urgency sets in. Sometimes you have to practically run into the toilet. Nocturia also becomes common. You wake up more than 2 times at night to urinate. Your wife begins to complain. Men being men may not talk to anyone even at this point. Then the more serious complications start. Stored urine gets infected and there may be burning sensation when urinating. Stored urine forms crystals. Crystals come together to form stone either in the bladder or in the kidney. Stones may block the urethra. Chronic urinary retention sets in. The bladder stores more and more urine. The size of the bladder is 40 -60cl. A bottle of coke is 50cl. As the bladder stores more urine it can enlarge up to 300cl. An overfilled bladder may leak and this leads to wetting / urinary incontinence. Also the volume may put pressure on the kidney and may lead to kidney damage. What may likely bring the man to hospital is acute urinary retention. He wakes up one day and he is not able to pass urine. Everything I have described above is associated with prostate enlargement, technically called benign prostate hyperplasia. There are

other diseases of the prostate like 1. Prostatitis - inflammation of the prostate 2. Prostate cancer - cancer of the prostate. This discussion is on prostate enlargement. There is good news & bad news. The bad news is that everyman will have prostate enlargement if he lives long enough. The good news is that there are life style changes that can help the man after 40 to maintain optimum prostate health. Look at what you eat. 33% of all cancers, according to the US National Cancer Institute is related to what we eat. Red meat everyday triples your chances of prostate disease. Milk everyday doubles your risk. Not taking fruits / vegetables daily quadruples your risk. Tomatoes are very good for men. If that is the only thing your wife can present in the evening, eat it with joy. It has loads of lycopene. Lycopene is the most potent natural antioxidant. Foods that are rich in zinc are also good for men. We recommend pumpkin seeds (ugbogulu). Zinc is about the most essential element for male sexuality and fertility. Men need more zinc than women. Every time a man ejaculates he loses 15mg of zinc. Zinc is also important for alcohol metabolism. Your liver needs zinc to metabolize alcohol. As men begin to have urinary symptoms associated with prostate enlargement, it is important they look at alcohol consumption. More fluid in means more fluid out. Drink less. Drink slowly. Exercise helps build the muscle tone. Every man should exercise. Men over 40 should avoid high impact exercise like jogging. It puts pressure on the knees. Cycling is bad news for the prostate. We recommend brisk walking. When we sit, two-third of our weight rests on the pelvic bones. Men who sit longer are more prone to prostate symptoms. Do not sit for long hours. Walk around as often as you can. Sit on comfortable chairs. We recommend a divided saddle chair if you must sit long hours. Men should avoid tight underwear. It impacts circulation around the groin and heats it up a bit. While the physiological temperature is 37 degrees, the groin has an optimal temperature of about 33 degrees. Pant is a no - no for men. Wear boxers. Wear breathable clothing. Avoid smoking. It affects blood vessels and impact circulation around the groin. Regular sex is good for the prostate. Celibates are more pronenn to prostate illness. While celibacy is a moral decision, it is not a biological adaptation. Your prostate gland is designed to empty its contents regularly.

Quotable Quotes

**All power is within you,
you can do anything
and everything.
- Swami Vivekananda**

PREVILAGES, PREROGATIVES'..

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camouflag but with 17 cr. Assets and driving an Audi car. This is not at all surprising when we know that our bureaucrats and elected representatives have been vying with one another to further their privileges with the 6.5% taxpayers of India enduring the agony. Diplomats have been held guilty in the past for domestic violence, misappropriation of funds, and dereliction of duties and it continues unabated.

There is not a single activity in this Gandhi country without corruption, favoritism and nepotism, land auctions, allotments, contracts, and plum posting of all on the basis of caste, creed, and religion making merit a mockery. No wonder bridges collapse, medical negligence takes lives, balance sheets get manipulated, and question paper leaks. All our so-called developments and industrial progress are at the cost of the environment and if "polluters pay" is the principle then the display of wealth and mega weddings would have become austere. In the name of progress and in our eagerness to build ports and Airports we allowed ourselves to be a dumping ground for hazardous waste redundant electronic components, we pride ourselves in accepting obsolete technology and our judiciary is inclined to appoint a commission to solve the problems.

New builder appointed.. Contd. from Page 3

Judicial Department, the government has decided to find a new builder who will construct the building as planned and as permitted by CIDCO." Furthermore, the Chief Minister said that the decision to end the agreement with US Roofs Ltd was made before his tour to Mumbai was finalized. The Chief Minister also donated Rs. 200000 for the cancer patients staying at Mumbai Mizoram House. It is worth mentioning that Mumbai Mizoram house gives priority to cancer patients that have been referred from state put up during their cancer treatments.



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IS THIS
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RS. 100 FOR THE
FIRST 5 PERSONS**

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