

For live news and videos, visit www.sunnynews.in

SUNNY NEWS

WE BELIEVE IN FREEDOM OF SPEECH

December 1-31, 2024

Vol. 20, Issue - 6

Pages : 4

₹ 1.

Page No. 1

DETERIORATION OF MORALS & ETHICS



Adv. Sivasankaran A.V. - Intoday's Indian context it has become imperative to recall what MR. CHRIS HEDGES,

a renowned American author and journalist has said decade ago. "We now live in a nation where Doctors destroy health. Lawyers destroy justice, universities destroy knowledge, Govt. destroys freedom, press destroys information, religion destroys morals and our banks destroy economy." Nothing can be farther from truth and it is the gospel truth. The events and happening in India proves this point beyond a shadow of doubt. Last week

one Mr. Atul Subhash a well-paid techie from Bangalore committed suicide unable to withstand the harassment from his wife and humiliation from judiciary and this is not the first instance of that kind. Since 2005 the DV Act was enacted under the dynamic leadership of Madam Renuka Chaudhary.

In another incidence we should put to shame any right thinking citizen of this country. The wise chair person

(... Contd... on Page 3)

KURLA BEST BUS ACCIDENT: NAVI MUMBAI TRAFFIC POLICE HOLDS AWARENESS WORKSHOP FOR NMMT BUS DRIVERS



Staff Reporter - In the wake of the tragic accident in Kurla involving a BEST bus, the Navi Mumbai Municipal Transport (NMMT) drivers were given a crucial reminder on road safety and traffic regulations. On Wednesday, around 150 bus drivers and conductors attended an awareness workshop at the Ghansoli depot, organized by the Navi Mumbai Traffic Police, to emphasize the importance of adhering to traffic rules and maintaining discipline on the roads. Assistant

Police Inspector Vishwas Bhimgardivi from the Koparkhairane Traffic Branch led the session, where he discussed various safety aspects including avoiding the use of mobile phones while driving, refraining from alcohol consumption during duty, and strictly following signal rules. He also highlighted the dangers of violating traffic regulations, stressing that such actions could endanger not only the passengers but also the drivers themselves.

(... Contd... on Page 4)

AAI Conducts Precision Approach Path Indicator Validation At NMIA Runway Ahead Of 2025 Launch



Staff Reporter - In a significant step towards the operational launch of Navi Mumbai International Airport (NMIA), the Airports Authority of India (AAI) conducted Precision Approach Path Indicator (PAPI) validation at the NMIA runway

on Thursday. This marks a crucial advancement in ensuring the airport is ready by its scheduled date of March 31, 2025. The PAPI system, essential for guiding pilots during landing, uses a series

of lights perpendicular to the runway, emitting red and white signals to help pilots maintain the correct glide path. "The Flight Inspection Unit (FIU) of AAI conducted the validation to ensure the PAPI system functions correctly. This process is vital for pilot safety and minimizing landing errors, involving trials and analyses in both day and night conditions," sources known to the

(... Contd... on Page 2)



Sunny News wishes its Readers, Friends, Well Wishers a Happy X'MAS AND PROSPEROUS NEW YEAR 2025



NMMC Demolishes Three Under-Construction Illegal Buildings

Staff Reporter - The Navi Mumbai Municipal Corporation (NMMC) carried out a demolition drive in Nerul on Tuesday, targeting unauthorized constructions after a developer failed to respond to notices issued by the NMMC's Encroachment Department. Three under-construction illegal structures were demolished during the drive. The operation was conducted under the instructions of Municipi-

(... Contd... on Page 4)

7-Year-Old Boy Dies After Falling Into Unprotected Construction Pit

Staff Reporter - A 7-year-old boy died after falling into a pit dug for construction in Koparkhairane Sector-5 on Wednesday evening. The deceased boy has been identified as Ankit Pansing Thangunna. According to police, the pit, where Ankit fell and lost his life, had no safety measures in place

around it, which led to him accidentally falling while playing. The Koparkhairane police have registered an accidental death case and have started further investigation. The pit was around 15 by 8 foot deep, filled with water. Thangunna who lived in Koparkhairane Sector-5, was

a student at Jijamata Convent School in Sector-4. On Wednesday evening, after returning home from school, he went out to play with the other children in the area. While playing near a municipal school, Ankit lost his balance and fell into a pit dug for construction.

This is not the way

Do the work in the Professional way

SPAN PEST CONTROL SERVICES

THE INTEGRATED PEST MANAGEMENT COMPANY
Mobile : +91 8169287230 Tel. : 022 3596 3694



Editorial

HUMAN RIGHTS



LAW RELATED TO RIGHT TO INFORMATION OF ELECTIONS

MAKE THE ENVIRONMENT ECO-FRIENDLY

This is to highlight the issue of air and noise pollution caused by fireworks during festivals like Diwali, Christmas and New Year. While the festivities bring joy and excitement, the environmental consequences are severe and demand immediate attention. The air quality deteriorates due to the release of smoke from fireworks, posing a serious threat to public health. People with breathing problems and those suffering from asthma are most vulnerable to it. Fireworks also leave behind debris and chemical residues, contributing to soil and water pollution. This not only harms the ecosystem but also endangers the diverse flora and fauna in our surroundings. Considering these issues, I would like to urge the authorities to consider implementing stricter regulations on the use of fireworks during festivals like Diwali, Christmas and New Year. Encouraging alternative, eco-friendly celebrations will not only reduce the environmental impact but will also promote a healthier and safer environment for everyone.

STEPS TO SPIRITUAL PROGRESS # 6 - SITUATION

- TOGO

SITUATION :

When confronted with a dilemma on whether or not to accept an employment offer.

- Don't be over awed by the possible impact of your decision. Life will go on. What will hurt is REGRET. Regret comes when decision was on wrong premises / wrong values and so on.

So what the variables here?

A. To what extent should I trust the words of my boss?

Words of the boss contain.

a. certain facts / truths which are independently verifiable. E.g. the field of your current research hold lot of promise.

b. certain hopes / wishes for future:

That you will make Sr. Scientist grade. 90% depends on your TEMPERAMENT and application. 10% is the boss's sweet will.

c. Certain selfishness of the boss:

He is entitled to be as much

selfish as you are.

d. Bad chemistry between you and boss making you mis trust him.

B. What other options do you have?

a. options ready on hand.

b. possible avenues in next 3- 6 months

c. % of likely success in those options.

Actually the % of success depends on:

i) Your analysis of your weaknesses because of which you missed out on earlier occasions.

ii) Your assessment of whether those weaknesses can be fixed in next 3-6 months/ 1- 3 years.

C The trade off :

a. Unless you have a fair chance of finding other options, no harm in TRUSTING the words of the boss. Mind you, it is a CONSCIOUS STRATEGIC decision. There will be no regrets, be assured.

(... Contd... on Page 3)

Right to information with reference to elections. - The fundamental right to receive information must be secured to the citizens with reference to the elections as well. This right along with other fundamental rights constituting the core of our Constitution will not acquire its full potential till such time the voter is posted with right information for making a right choice at the hustings.

Right to receive information acquires great significance in the context of elections. It will be a farce if a citizen casts his vote in ignorance, without knowing the background of the candidate. It will not amount to intelligent and rational voting. Therefore, it is imperative to ensure the availability of the right to a citizen to receive the information so essential for casting his vote.

The real education of the electorate contemplates informing them of the past achievements and future plans of the political parties and their candidates' qualifications.

For making a right choice it is essential that the past of a candidate should not be kept in dark as it is not in the interest of the democracy and well being of the country. The antecedents of a person standing for election must be placed under public gaze and that is possible only



Adv. Sosamma Varghese

B.A., LL.B, PG (Human Rights)

when all wraps covering information about him are cast away. For the survival of democracy it is essential that the voter casts an educated vote based upon his knowledge derived from information supplied to him about the candidates. Exercise of informed option to vote in favour or against a candidate will strengthen democracy and root out the evil of corruption and criminality in politics.

Courts as sentinel to protect fundamental rights

- Under Article 226 of the constitution, the High Court is required to act as a sentinel on the qui vive to guard against the violations of the fundamental rights of the citizens. It is the obligation of the High Court to enforce their fundamental rights.

In the light of the policy of the Government on transparency and openness, the authorities cannot flatly deny any document on the ground of confidentiality or secret in

such matters. Mere repetition of the words would not provide confidential/secret colour to a public document. Transparency and openness provide a right of information to a citizen for enforcing his constitutional right of judicial review in a Court of Law. In the circumstances, the authorities normally have to provide document sought for to an individual if the said document has nexus with the judicial remedy in accordance with Law. When an individual wants to enforce his right in terms of his constitutional rights, the same cannot be frustrated by denying the document for the purpose of judicial review.

Right to information - Public interest vis a vis national and public security.

The public interest cannot be more important than national interest and security. There could be reasonable restriction on the rights of the citizens. The right to information is one of the important issues that has been deliberately side-tracked by successive governments at the Centre. The claim for disclosure of the Vohra Committee Report was denied on grounds of public security and disclosure of it would be severely and detrimentally us to the society instead of aiding the interest of the public.

AAI CONDUCTS PRECISION APPROACH ...

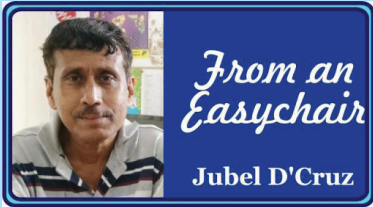
... Contd. from Page 1 development said. On October 11, 2024, a significant milestone was achieved when the Indian Air Force's (IAF) C295 aircraft successfully conducted a test landing at NMIA. This event has sparked excitement among millions of residents in the region, signifying a major step towards the airport's operational readiness. Piloted by an expert IAF crew, the C295, a versatile transport aircraft, landed precisely on the newly constructed runway. This successful test landing not only demonstrated the airport's capability to handle various types of aircraft but also un-

derscored the collaborative efforts between the IAF and airport authorities to maintain high aviation safety and infrastructure standards. The Navi Mumbai International Airport is a crucial infrastructure project aimed at relieving congestion at Mumbai's Chhatrapati Shivaji Maharaj International Airport (CSMIA). With Mumbai's growing population and increasing air traffic, NMIA is set to alleviate the pressure on CSMIA, promising a smoother travel experience for passengers. Residents of Navi Mumbai and nearby areas have long awaited the operationalization of NMIA,

which is expected to boost the local economy, create jobs, and enhance connectivity. The successful test landing of the C295 has further fueled optimism, indicating the nearing completion of the project. NMIA is one of the largest greenfield international airports under development in India, designed to handle 90 million passengers and 2.5 million tons of cargo annually. As the second international airport in the Mumbai Metropolitan Region (MMR), it is planned to function as a major gateway to the country, operating in tandem with the existing CSMIA as part of an urban dual airport system.

DISCLAIMER

Advertisements appeared in this paper are the sole property of advertisers. Sunny News does not support or vouch in any manner about the products, services etc., so advertised. The advertisers only are responsible & accountable for their advertisements.



*From an
Easy Chair*

Jubel D'Cruz

EDUCATE YOUR SONS

In this present scenario, women are seen as a sex object that anyone and everyone are ready to play with. Why a woman is raped, harassed, humiliated and eve-teased? Is it only because she is a woman? From her birth till her death, she is treated as a sex object. When a girl is born, she is rarely accepted by most families. When she grows up and goes to school or college, boys tease her. In 80 to 90 per cent cases, the accused is known to the victim. For instance, 27 per cent of rapes are committed by neighbors, 22 per cent involves the promise of a marriage, and 9 per cent are committed by family members and relatives. Many a times, the victims do not come forward to file a FIR against her family members and relatives, as it might tarnish the reputation of the family. From the abortion of female fetuses, child marriage and dowry killings to rape and domestic violence, Indian girls/women face multiple threats, largely due to deep-rooted attitudes that view them as inferior to men. When a woman gets married, she is mentally and physically harassed by her husband and in-laws for the sake of dowry. There is no safety for our girls/women under the democratic government in our country. A lot of cases of rapes and murders are reported everyday in the print and electronic media and the culprits are freed soon after their arrests. Even the police are not trained and sensitized to handle sexual crimes in our country. Whenever victims approach the police station for filing a FIR, they (the police) are reluctant to register the complaint. In India, even if a man rapes a hundred women or commit a thousand murders, he is not put behind bars. All you have to do is, hire a corrupt lawyer who will bribe the police and the judge, and they will set you free. Even for seeking admissions in schools and in colleges or for getting your ration card or voter's id

done, you have to pay a bribe to the officials. Even though the government has amended anti-rape laws to rapists for girls below the age of 12 years, crimes against them continue to rise unabated. Already there is a huge backlog of rape cases in court. Due to snail paced justice delivery system, women have to wait for a long period of time to get justice. It is rightly said that justice delayed is justice denied. Instead of amending laws, there is a need to create awareness in the society about respecting women. The gruesome and heinous rape and murder of a trainee doctor in Kolkata on August 9 has left me and many others heartbroken and angry. This tragedy is a painful reminder that violence against women is not limited to just one country – it is something women everywhere, from the richest to the poorest nations, fear every day. The words 'protect your daughter' are said and heard very frequently. However, 'educate your son' is hardly ever voiced. This imbalance reveals the ongoing failure to address key aspects of gender equality and respect. To break this cycle, we must prioritize educating boys about respect and equality. From an early age, girls are taught to be cautious and compliant, constantly reminded of their potential vulnerability. In the meantime, boys are repeatedly given unchecked free rein, without understanding how their behavior can affect others. This difference in upbringing furthers a culture where gender-based violence escalates. Boys must learn from an early age that their rights do not include the power to control or harm others. Such education is indispensable to tearing down the harmful cycle of toxic masculinity that continues violence against women. In my knowledge, the punishment for a rapist should be harsher than death. He should live a grim life that makes him believe that death is better than life, yet he will not get it easily.

DETERIORATION OF MORALS ...

..... **Contd. from Page 1**
Haryana state women's commission by name Sonia Agarwal was arrested by our own anticorruption bureau for accepting a bribe of rupees one lakh from the teacher husband of the police officer wife who is the complainant. Very recently a family court in Trivandrum, Kerala

sent a summons to the husband of the complainant in Mumbai without a copy of the complaint which they wrote would be given only after undergoing the mandatory counseling. Strange are the ways of our judiciary. It is case of not only general bias but judicial corruption and infringement of

freedom. If equality before Law is the cannon then most of our family and criminal Laws do not pass the test. Arbitrary powers vested in individuals of any position or caliber is a violation of constitution and time has come to call the spade a spade. If no immediate action is taken to stem the rot the situation will reach beyond the point of no return and collapse.

CHRISTMAS CELEBRATIONS CARRY WEIGHT WITH CRIB



JAYANTHI SUBRAMANIAM

Christmas celebrations are never complete without a Christmas crib. Also referred to as Nativity Scene or Manger Scene, Christmas crib represents how Jesus was born. The Christmas crib exhibits figures that represent infant Jesus, his mother, Mary, and her husband Joseph. There are various other characters that are part of the Christmas crib. These characters include shepherds, sheep and angels. As described in the 'Gospel of Luke', all these characters are displayed near the manger in a barn (or cave) which is projected to accommodate farm animals. A donkey and an ox are also a part of this scene and Magi and their camels are also included. These characters are described in the 'Gospel of Matthew'. However, there are various cultures which add characters that may or may not be Biblical. The celebration for Christmas is on and as a Mumbaikar I enjoy the cosmopolitan atmosphere here. In the past, I was able to make my presence felt on the eve of Christmas by making an extensive coverage of the events before and after the festival. I was very much impressed by the crib set up in Sanpada Jubilee Church and I was able to get a close look and take a snap for posting on facebook and for sending it to some news dailies across the country. One of the newspapers in Pune

selected my photo of the crib as one of the best and I feel proud to be an Indian. I always believe and work for unity in the diversity of the country and participated in the memorable events of last year's Christmas and worked for doing an exclusive coverage this year also in a big way. Putting up the crib is the most exciting aspect of Christmas. As children we would use all our creativity and imagination to depict Christ's birth. Even today 12 days before the festival we sow grains like ragi and wheat which would grow into tiny crops that are then used to decorate the crib. To make mountains we would like to use brown paper and dry hay to make the set look like a stable. Once the crib is set we light candles on Christmas Day. Our parents always made sure that we used less paper to decorate the crib and encouraged us to use fresh flowers instead. It's a family tradition to put up the crib together. Each year I used to bring down the box that has all the decorations and my grandson takes keen interest in decorating and bringing out the best in the Christmas tree and this year he plans to make a crib. The tree is where we try and experiment more and use newer ornaments and serial light and complete with most attractive decorations collected and purchased for the very purpose. The crib building is a creative activity and you can keep in mind the history and bring out the best with your imagination. It is time to carry out Christmas celebrations with cribs.

HEALTH

WHAT IS HAND, FOOT, AND MOUTH DISEASE? HERE'S ALL YOU NEED TO KNOW

Signs and symptoms which shouldn't be overlooked: The first and foremost sign of hand, foot and mouth disease is a fever trailed by a sore throat and sometimes a poor appetite and malaise. Painful sores develop at the front of the mouth or throat while the fever is on. Within a day or two a red rash appears without itching, but on occasions with blistering on the hands and feet and possibly on the buttocks can follow. The time frame between initial infection to the onset of signs and symptoms (incubation period) is three to six days.



Causes of hand, foot, and mouth disease:

Coxsackievirus A16, which is a part of a group of viruses called non polio enter viruses, is the root cause of hand, foot and mouth disease. The key source of coxsackievirus infection and HFMD is oral ingestion. The sickness spreads by person-to-person contact with an infected person's saliva, nasal mucus, sputum, fluid from blisters, stools and respiratory droplets sprayed into the air after a cough or sneeze. Direct contact with unwashed hands or on the surface containing traces of the virus could result in having the disease transmitted easily. How can it be diagnosed? Symptoms of HFMD do require a medical diagnosis. Early detection of the disease is recommended in thwarting an epidemic in the pediatric inhabitants. It is your doctor who will differentiate HFMD from other types of viral infections by evaluating the age of the affected person, the pattern of signs and symptoms, and the appearance of the rash or sores. For further clarification to determine which virus has caused the illness, your doctor may take a throat swab or stool specimen and send it to the laboratory.

What kind of treatment is required?

In most cases, there is no specific treatment as such. The infection usually clears up without treatment in a span of 7 to 10 days. In order to soothe blisters and rashes, your doctor may prescribe over-the-counter topical ointments, pain medications such as acetaminophen or ibuprofen could be suggested to relieve headaches, medicated syrups or lozenges would be recommended

to ease painful sore throats. One can also try a few home remedies like rinsing the mouth with warm water after meals, eating ice-creams, sucking ice pops or ice chips at intervals, often drinking cold beverages such as milk or ice water, avoiding spicy or salty foods and also not to intake citrus fruits, fruit drinks, and soda to help make blisters less bothersome. Presently no antiviral medication or vaccine is available to cure the disease. Though, development efforts are underway.

Are there any complications? Complications from the viral infections that cause hand, foot and mouth disease are rare, but require immediate medical treatment if present. Dehydration is commonly considered to be the complication of HFMD. Swallowing is a painful task and it becomes difficult due to the sores in the mouth and throat. Keep monitoring time and again to ensure that your child frequently sips fluid during the course of the illness. If dehydration is severe, intravenous (IV) fluids may be necessary. A rare and sometimes serious form of the coxsackievirus can involve the brain and cause other complications: like viral meningitis and encephalitis.

Preventive measures to reduce the risk

Kindly ensure that your hands are washed frequently and thoroughly, especially after using the toilet or changing a diaper, before eating or preparing meals. Highly infected areas like surfaces and toilets should be first cleaned with soap and water, then with a diluted solution of chlorine bleach and water. Children should be taught how to practice good hygiene and keep themselves neat and tidy. As hand, foot and mouth disease is extremely contagious, people with the illness should limit their exposure to others while they have active signs and symptoms. They should especially be away from the toddlers. Risk factors -Hand, foot and mouth disease primarily affects children younger than age 10, frequently those below the age of 5 years. Kids at child care centers generally fall into the trap and are particularly prone to outbreaks of hand, foot and mouth disease because the infection spreads by person-to-person contact. As children grow, they typically develop immunity to hand, foot, and mouth disease by building antibodies after exposure. However, adolescents and adults can still catch the infection.

structions. Despite this, the construction continued. As a result, the civic body, in collaboration with CIDCO, carried out a joint demolition of the three structures. The team, led by Division Officer Jayant Jawadekar, included six officers, 18 laborers, seven breakers, and two gas cutters. Local police, along with security personnel from the Nerul Encroachment Department, assisted in the operation. The NMMC has emphasized that actions against unauthorized constructions will continue and intensify in the future.

NMMC Demolishes Contd..from page 1

pal Commissioner Dr. Kailas Shinde, with the guidance of Dr. Rahul Gethe, DMC (Encroachment), and in the presence of police personnel. According to the NMMC, notices were issued to Ramchandra Balaram Thakur (House No. 105), Indira Shriram Dakhne (House No. 0105/0002), and for an unauthorized structure near Balaji Tekdi, Nerulgaon, Nerul, under the MR&TP Act, directing them to remove the illegal con-

STEPS TO SPIRITUAL PROGRESS ...

..... Contd. from Page 2

b. As and when you have fixed your weaknesses, if any, you will the option to strike out elsewhere. In the interim, you would have enjoyed all the benefits of continuing with the present boss.

FINAL DECISION.

- No one can cheat you / fool you. You have the analytical mind to sift thru' the confusion.
- YOUR VALUES are under test here. Confidence in oneself is a virtue and that no one else can supply.
- What you aim for, should be backed by:

- * your technical skills
- * your discipline - mental / physical
- * your unwavering focus- trust no negative advice

* TEMPERAMENT

Success is in your MIND. Your near and dear will back off and let you be in peace, but depends on your TEMPERAMENT.

For good temperament and confidence, prayer helps.

Trust God

TRUST. "Heart within and God overhead". Whatever happens, if you are o.k with it, life is WONDERFUL.

KURLA BEST BUS ACCIDENT ...

..... Contd. from Page 1

The recent accident in Kurla, caused by a speeding BEST bus, has raised concerns over similar incidents happening in Navi Mumbai. Both NMMT and BEST buses have been observed speeding through the city, leading to multiple accidents in the past. Moreover, reports of buses taking sharp turns at high speeds, resulting in passengers being thrown off, have surfaced in Navi Mum-

bai as well. Concerns Raised by Drivers: During the workshop, NMMT bus drivers shared their frustrations about traffic congestion, particularly caused by private vehicles parking at bus stops. This forces buses to stop in the middle of the road, often leading to accidents and traffic jams. In response, the traffic police assured the drivers that they would work on finding solutions to these ongoing issues.

WHO IS THIS CELEBRITY?

NAME HER AND WIN RS. 100 FOR THE FIRST 5 PERSONS

* Conditions Apply