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PROXY MANAGEMENT IN INDIA



Adv. Sivasankaran A.V. - The success of any family, institution or corporate largely depend upon the style

and efficiency of its management. Budgetary planning and allocation are necessary to prevent living beyond means. Fiscal discipline is the bed rock of every successful management which applies to nations as well. India is too large a country with complex cultures and languages and it cannot be managed any more by an emperor Ashoka sitting at Delhi. Ashoka or Akbar they would not have allowed the kind of environment in Delhi

and our neo Maharajas basking in the glory of democracy and breathing toxic gas and particulate matter. From financial management to environmental management to risk management our country is a disaster by management. To manage a three member nuclear family has become so complex and the capability required for managing a nation of India's size and geography an well be imagined. Democratically elected

(... Contd... on Page 4)

Navi Mumbai Crime Branch Arrests 41-Year-Old Serial Housebreaker In Karnataka's Gulbarga

Staff Reporter - The central unit of Navi Mumbai crime branch has nabbed an accused who was wanted in multiple house break thefts in areas around APMC and Airoli areas and recovered half kilo gram gold worth Rs 60 lakh. The accused identified as Asif Nahir Shaikh (41) was traced and arrested

from his in-law's place at Gulbarga in Karnataka last week. "In the months of November and December there were multiple housebreaks being reported in which the accused was seen using a two wheeler which he rode wearing a helmet. Since the modus operandi of all the cases were same, we figured

out that the accused would be same. Using CCTV footages and technical analysis, we were able to trace the residence of the accused in Mumbra and then we traced him to Gulbarga," Deputy Commissioner of police (crime branch) Amit Kale, said. The modus of the

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NMMC TO PROMOTE MARATHI LANGUAGE THROUGH SERIES OF PROGRAMS

Staff Reporter - Navi Mumbai Municipal Corporation (NMMC) is organizing numerous events for the Marathi Language Preservation

Fortnight As per a circular issued by the Marathi Language Department of the Maharashtra Government on December 31, 2024, the "Marathi Language Preservation Fortnight" is being celebrated from January 14 to January 28, 2025, across the state. "This year, the celebration holds even greater enthusiasm as Marathi has been granted the status of a classical language," said an official In this regard, Navi Mumbai Municipal Corporation (NMMC) will be having lectures from eminent personalities,

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NAVI MUMBAI DEMOLITION DRIVE: NMMC CRACKS DOWN ON ILLEGAL CONSTRUCTION IN KOPARKHAIRANE AND VASHI

Staff Reporter - In compliance with orders issued by the Bombay High Court, the Navi Mumbai Municipal Corporation (NMMC) conducted a demolition drive against unauthorised constructions in Koparkhairane and Vashi. The operation was carried out under the direc-

tives of Municipal Commissioner Dr. Kailas Shinde and guidance from Additional Commissioner (2) Dr. Rahul Gethe. In Koparkhairane, notices were issued under Section 54 of the Maharashtra Regional and Town Planning Act, 1966, to Wasim Akbar Ali Khan and Ankush Nana

Jagtap/ Yogesh Nana Jagtap for their unauthorised constructions. Demolition action was initiated after the concerned parties failed to comply. Khan was also fined Rs 10,000, which was collected on January 6, 2025, as a penalty for removing unauthorised structures.

KUMBH MELA, A CELEBRATION OF FAITH



Staff Reporter - Every twelve years, the festival of Kumbh Mela carries the prefix "Maha," which means great, as it is the largest gathering of the Kumbh Mela that's held every three years in one of four cities --- Prayagraj, Haridwar, Ujjain and Nashik. Prayagraj is hosting the Maha Kumbh Mela this time. The Kumbh Mela draws upon Hindu mythology and the legend of demons and gods fighting over a pitcher containing the elixir of immortality. Hindus believe that taking a dip in the sacred river will cleanse them of their sins,

purify their soul and liberate them from the cycle of birth and death, as the ultimate goal of Hinduism is salvation. The Skanda Purana is widely cited to explain the origins of the Kumbh Mela. The Kumbh Mela has played an important part in history by mobilising and uniting society. The Kumbh Mela in UNESCO's list of Intangible Cultural Heritage of Humanity underscores its global cultural significance. But this festival may expect to boost the ruling Hindu nationalist BJP's past record of promoting Hindu cultural symbols

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Editorial

MANMOHAN SINGH'S LEGACY

Dr. Manmohan Singh's tenure as Finance Minister in the early 1990s and later as Prime Minister from 2004 to 2014 introduced policies that continue to influence India's growth. He was considered the architect of key liberalising economic reforms, as premier from 2004-2014 and before that as Finance Minister. As the Prime Minister, he took several far-reaching decisions that continue to impact the health of Indian democracy even today. He also introduced new laws that strengthened and guaranteed the right to seek information from the government, allowing citizens an extraordinary power to hold officials accountable. He also introduced a rural employment scheme which guaranteed livelihood for a minimum of 100 days, a measure economists said had a profound impact on rural incomes and poverty reduction. He also brought in a law that guaranteed the right to free and compulsory education for children between the ages of 6 and 14, significantly reducing the school dropout rates. His government also introduced a unique identity project called Aadhaar to improve financial inclusion and delivery of welfare benefits to the poor. The current federal government, run by Prime Minister Narendra Modi, has continued to keep Aadhaar as a cornerstone for many of its policies. He was the best PM of India as of date. May his soul rest in peace.

HOW DOES ONE GIVE BACK TO SOCIETY?

- TOGO

3 ways:-charity -sacrifice -penance

Whether it is to your loved ones, your benefactors, your alma mater or the society at large, you feel that you owe them because:

1. You have benefited / prospered because of others' acts.
2. You have harmed others knowingly for selfish reasons or caused harm unknowingly but benefited yourself.
3. You see it as your Duty.

CHARITY

People are familiar with charity. For charity to give satisfaction (ego satisfaction is short lived ,might even cause backlash), one should do it judiciously. Giving away old clothes or leftover food is not charity.

Giving away a small fortune

in a whim to a cause not so worthy is a waste. An act of charity is, after all, a reflection of one's personality.

SACRIFICE:

Mainly what one does, of own volition, for the benefit of one's near and dear. Latest story among cricket enthusiasts is that of Nitish Kumar Reddy who scored a century at MCG. His parents sacrificed a lot for his success. Very similar story last week about parents of Gukesh (chess fame).

Sacrifice is noble, but most people become bitter in later life. Bitten by their ego, they feel that their sacrifice has gone unnoticed or 'value for money' 'not reciprocated by the beneficiaries of the sacrifice.

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HUMAN RIGHTS

HUMAN RIGHTS AND THE MEDIA

Press to cater to the communication needs of the society. – Communication needs in a democratic society should be met by the extension of specific rights such as the right to be informed, the right to inform, the right to privacy, the right to participate in public communications, the right to communicate, etc. In today's free world freedom of press is the heart of social and political intercourse. The press has now assumed the role of the public educator making formal and non-formal education possible in large scale particularly in the developing world where television and other kind of modern communications are not still available for all sections of society. The purpose of the press is to advance the public interest by publishing facts and opinions without which democratic electorate cannot make responsible judgments. Newspaper being purveyors of news and views having a bearing on public administration very often carry material which would not be palatable to Governments and other authorities. The authors of the articles, which are published in the newspapers, have to be critical of the action of the Government in order to expose its weaknesses. Such articles tend to become an irritant or even a threat to power.



Adv. Sosamma Varghese

B.A., LL.B., PG (Human Rights)

Press in the role of a social scientist. - The press and other media have played the role of a "social scientist", "critic", evaluator of plans and schemes by provoking ideas and thoughts, helped the poor and weaker sections, to have access to justice and in the matter of correcting arbitrary and capricious power of the executive and by various institutions charged with the responsibility of dispensation of social justice. In addition, they have contributed to the maintenance of "rule of law" and resisted forcibly any attempt to degrade "democracy" and "free society". The power of the press reflected through "public opinion" enables the victory of opinion over armed forces of the Government. It has served as the main source of information, discussion and advocacy to reach the public. It can facilitate thought and discussion, advance civilisation, help in creating a world community, promoting comprehension and appreciation of the

goals of a free society. The attempts of the Government as a wielder of power cannot be restrained from exercising the same arbitrarily or capriciously, without independent press. In fact, it is the newspaper which people read everyday and may be considered as the only book daily read. As pointed out by the Royal Commission on the press, the political affiliation of the press makes the press to support or oppose a move of policy. The stand of the press on an "issue of politics" or "politics of the day" is understandable, in the light of the requirements of a "free society" but issues relating to "social" or "economic justice" or "distributive justice", the various laws, schemes and planning need evaluation from the point of view of the welfare of the community, and the need of a society crying for transformation to secure justice to a "little man". This may necessitate that the media records truthfully facts and the expression of opinion is not coloured, suppressed or distorted. If this approach is made, the media can be a potential instrument to evaluate measures to promote economic and social justice, and to pin-point in what manner, defects and deficiencies are found in them. It could offer viable and constructive suggestions for effective implementation of laws.

INDIAN POULTRY INDUSTRY PROGRESSIVE- 89TH BIRTH ANNIVERSARY DR. B.V. RAO



C.K. SUBRAMANIAM - Father of Indian Poultry Industry' Dr. Banda Vasudev Rao (B.V.Rao) was the architect of Indian poultry industry's growth and modernization that created world-class

facilities in the country. Because of his significant and numerous contributions to the Indian poultry industry, in 1990, he received one of the highest honours conferred by the President of India, the "Padmashree" award. The National Egg Coordination Committee's (NECC) advertising campaign, which used to appear regularly on television in the early 1990s certainly caught the imagination of the nation.



A catchy tune combined with visuals were used to promote the consumption of eggs. The campaign's creation
(... Contd... on Page 3)



ALL SAINTS' AND SOULS' DAYS

All Saints' Day is a Catholic festival celebrated to honour all the saints. It is also known as the Feast of all saints, All Hallows' Day, Solemnity of all saints and Hallowmas. As the name suggest, it is a festival to honour all of the saints, known and unknown. The feast is celebrated on November 1 by the Catholic church. In Catholic countries, All Saints' Day is an official public holiday. In the eastern orthodox churches and the other eastern Catholic churches, associates celebrate All Saints' Day on the first Sunday after Pentecost. All Saints' Day is observed to honour and remember all those who have lived a pious life on earth and may have not taken cognisance by the church to honour them to be revered as saints. It is presumed that they are in their heavenly abode. These could be anyone from our families -- from grandparents' generation to present times -- they are remembered with special liturgical services on November 1. On November 2, the Catholic Church all over the world remembers the departed ones in people's families, including friends, relatives and strangers who have passed away.

The Catholic celebration of All Saints' Day (November 1) and All Souls' Day (November 2) stems from a belief that there is a powerful spiritual bond between those in heaven (the "Church triumphant"), and the living (the "Church militant"). In Catholic theology, the day commemorates all those who have at-

tained the beatific vision in heaven.

The Catholic doctrine holds that the prayers of the faithful on earth can help cleanse the souls of those who are believed to be in purgatory because they died with lesser sins on their souls. Somehow, parishioners give more emphasis to their departed ones in keeping with the old church tradition and are seen flocking to the local cemeteries to clean up the graves of their separated ones, decorate them with flowers in preparation for the Eucharistic services that are to be held at the cemetery grounds. This is an annual religious exercise attended to remember and respect the memories of their missing loved ones. But the good news is resurrection for those who accept and follow Jesus.

In the homily of the liturgy, the parish priest stresses upon this aspect of the faith alerting the faithful to keep away from leading a sinful life. Compassion and understanding are the essence of human dignity, forgiveness is pleasing to God and caring for the sick and the aged is upholding humanity. Let us therefore, as we observe the day of the departed, reach out to the needy in times of distress, loneliness and suffering and bring relief and succour to them.

There is scriptural basis for this belief. The primary reference is in 2 Maccabees, 12:26 and 12:32. "Turning to supplication, they prayed that the sinful deed might be fully blotted out. Thus made atonement for the dead that they might be free from sin."

INDIAN POULTRY INDUSTRY PROGRESSIVE -

..... Contd. from Page 2
 ativity won many accolades. But its success was really felt when egg consumption went up significantly and this hugely benefited farmers across the country. In effect, it was farmers, under the banner of the NECC, who began the movement, causing a revolution of sorts. With its faith in farmers and in marketing techniques and its commitment towards the cause of agriculture, the NECC is singularly responsible for bolstering India's poultry sector. Between 1979 and 1981, the cost of inputs, particularly chicken feed, increased by about 250 per cent. The selling price of an egg, however, remained more or less stagnant at 33 to 35 paise, affecting profitability. By 1981, over 40 per cent of the farms across the country

were forced to close down, and the very survival of the egg industry was threatened. Dr. B.V. Rao, the founder of Venkateshwara Hatcheries Limited, the pioneering poultry production company, decided to revive the egg industry and put it back on the path of orderly progress. B.V. Rao believed that like Operation Flood, egg production and poultry farming would fetch a guaranteed income for farmers. In 1982, his clarion call - "my egg, my price, my life" - brought thousands of farmers from across the country into a common platform under the National Egg Coordination Committee (NECC). Today, the NECC has a membership of more than 25,000 farmers. India is the fourth largest producer of eggs in the world. Maharashtra is amongst the

top five egg producing States in India. Along with Andhra Pradesh, Kerala, Tamil Nadu and Punjab, the western region of the State accounts for more than 56 per cent of the country's total egg production. Over the past few years, egg production has grown by 5-6 percent per annum. India primarily exports table eggs and hatching eggs to West Asia catering mainly to the Non-resident Indian population there. India also exports egg powder to a number of European Union nations and East Asian countries. Compared to other egg products, the export of table eggs has increased significantly. The white revolution of milk was brought to you by Dr. Verghese Kurien, Dr. B.V. Rao brought the poultry revolution in the country and he is remembered on his 89th birthday.

REPUBLIC DAY CELEBRATIONS

Staff Reporter - Republic Day is an occasion for us to celebrate with the hoisting of our national flag, recitation of our national anthem, singing patriotic songs and organising social and cultural events. Celebrating Republic Day is a great honour for Indian citizens as well as for those who have settled abroad. It is the day of great importance and is celebrated by the people with great joy and enthusiasm. They wait for this day eagerly to become part of its celebration again and again. Preparation work for the Republic Day celebrations at the Rajpath in New Delhi begins a month in advance and way to India Gate becomes very close for the common man. Security arrangements are made a month in advance to avoid any type of untoward incidents during the celebrations. A big celebration arrangement in the national capital and state capitals also takes place all over India. The celebration starts with the unfolding of the National Flag by

the President of India and singing of the National Anthem. Following this, the Indian army parade, state wise Jhankis, march-past and awards distribution ceremony takes place. During the entire day, the whole environment is filled with the singing of the National Anthem and other patriotic songs. Students of schools and colleges are also very keen to celebrate this event and start preparing for it a month in advance. Students performing well in the academic, sports or other fields of education are honoured with awards, prizes and certificates on this day. Republic Day is one of the three national holidays in India. On this day, the Prime Minister lays a floral wreath at the Amar Jawan Jyoti as a mark of respect to the martyrs who fought bravely for the country's Independence. The three national holidays in India are: Republic Day on January 26th, Independence Day on August 15th and Gandhi Jayanti on October 2.

MASSIVE FIRE GUTS 6 FOUR-WHEELERS AT NAVI MUMBAI GODOWN

Staff Reporter - At least six four-wheelers were gutted in a massive fire that broke out at a godown in Navi Mumbai late on Wednesday night, where vehicles and spare parts of an automobile company were stored. The fire was reported at 12:26am from the godown located in Nagaon Gram Panchayat, Dahisar Mori,

Navi Mumbai. Yasin Tadvi, the chief of Thane Municipal Corporation's disaster management cell, confirmed that a person alerted authorities about the blaze. The blaze was brought under control after a two-hour operation, the official said. The cause of the fire is yet to be determined.

KUMBH MELA, A CELEBRATION OF FAITH

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 for its support base. The Kumbh Mela is a timeless Indian tradition, representing the cultural and spiritual unity of Hindus. Recognised as the largest religious gathering in the world, it serves as a sacred platform for devotees to immerse themselves in faith and devotion. Historically, the Kumbh Mela has been a significant stage for dharmik awakening and the preservation of

dharma through spiritual gatherings and conferences. The Kumbh Mela is a time to bathe in the sacred rivers, which is believed to wash away sins and purify the soul. The holy dip or "Shahi Snan", is considered the most auspicious act of the festival. The Kumbh Mela attracts millions of people from all over the world, regardless of caste, creed, or gender.

HEALTH

MENOPAUSE WEIGHT GAIN: CAUSES, RISKS AND PREVENTION

When a woman attains menopause there are several health risks that come in, for instance, low oestrogen, osteoporosis, high cholesterol, high blood pressure, and weight gain. In this article, we will talk about what causes weight gain during menopause. During menopause, managing weight becomes difficult and so most women gain weight when they enter menopause. It is estimated that women gain 1-2 kgs during the menopause transition, however, some women add on some extra kilos.



Hormonal changes- During menopause, there is a sharp decline in oestrogen levels. Estradiol is a form of oestrogen that helps regulate metabolism and body weight

decreases during menopause. A decrease in estradiol leads to weight gain. Dr Sneha adds, "Hormonal changes influence the distribution of weight also the weight is more central (near the abdomen) than peripheral (hips and thighs for women)." **Lack of exercise:** Most women are inactive and less likely to exercise as they reach menopause. This can be another reason for weight gain. **Poor sleep:** Poor sleep quality has been linked to weight gain during menopause. When the ovaries no longer produce enough amounts of oestrogen and progesterone, it can lead to symptoms like hot flashes and sweating. This makes it difficult to sleep at night. **Eating unhealthy foods:** Following a healthy, well-balanced diet is essential during menopause. But, if you gorge on

processed and spicy foods, this may lead to weight gain. **Genetics:** Genetics also contribute to menopausal weight gain.

Another contributing factor for weight gain during menopause is a rise in appetite. "External factors like medication could cause weight gain," adds Dr Sneha. A study showed that ghrelin, the hunger hormone, was found to be higher among perimenopausal women than postmenopausal and premenopausal women.

Ways to prevent weight gain during menopause-Exercise: Aerobic exercise and strength training can help in shedding off those extra kilos and aid in managing weight. **Cut down on fast foods:** Lower your calorie intake by cutting down on processed and fried foods. This will prevent weight gain during menopause. **Limit alcohol:** Drinking excess alcohol can increase weight gain. **Eat healthy foods:** Eat foods which are rich in fibre, protein and other essential vitamins & minerals to lower the risk of weight gain. **Relax:** Get adequate sleep as this will help keep your hormones and hunger under control. Dr Sneha adds, "Hormone levels will drop during menopause, weight reducing measures should focus on the other aspects." **Health risks of weight gain during menopause** Excess weight around the abdomen leads to many health risks which include the following: High blood pressure, Breathing problems, Type 2 diabetes, Heart disease. Incorporating these lifestyle habits will help you maintain weight when you reach menopause. Although it can be difficult, start slowly and you will see a healthier you.

HOW DOES ONE GIVE BACK ...

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PENANCE

An act by which one inflicts pain on oneself to make amends for wrong done to others OR for public good/ awareness. Penance is a good tool to purify / elevate oneself. Fasting on auspicious days/ observing 'vratham' during Ayyappa season etc. I would not want to put a suicide bomber in this category which is the flavor of

the present times. Gandhiji did penance, which I find, as worthy of emulation. I have carried out short bouts myself which I found very useful to sharpen one's focus. What is common to all of above is that one should not go overboard. If one falls prey to one's own false ego, an attempt to do what is right can go wrong. E.g. I have seen elders complaining "I have done so much charity, penance etc and yet God did this to me".

Navi Mumbai Crime Branch..

Contd..from page 1

accused was to roam around at various areas in Airoli, Rabale and Airoli nodes on his bike and would break into any random house that is seen locked. A carpenter by profession, he used the carpenter-tools to break the locks of the houses. The first theft, the accused claimed was done during lockdown. The police have been able to trace seven cases in Navi Mumbai in which he was involved. Senior police in-

spector Sunil Shinde of central unit along with his team, had visited Gulbarga twice in search of Shaikh. During the second visit, the team was able to nab the accused and also recover 500 grams of gold ornaments, 3.2 kilograms of silver ornaments, Rs 16 lakh in cash, two motorcycles, three laptops and One iPhone. Shaikh also has one case registered against him with Gulbarga police. A class VII passout, Shaikh resided at Mumbra along with his wife, 15 year old daughter and 19 year old son.

PROXY MANAGEMENT IN INDIA

..... Contd. from Page 1 legislatures many of whom do not subscribe to the democracy itself and managing our affairs making the management laughable. We have been living beyond our means which is evident from the budgetary deficit galloping inflation and the parity with the dollar. Bric or no Bric United States of America will never allow another currency to dominate the world which is a case of their way or highway. Economic pundits have the audacity to proclaim that the rupee is not falling but the dollar is strengthening and our Indian public, helpless tax payer take it with a pinch of salt. The day of theory "X" managers who believed that employees are by and large lazy and therefore needed a carrot and stick policy to make them productive. Time has changed and the "Y" theory

says everyone has and urge to work and earn and it is the mismanagement which made them lazy and unproductive successful people can suggest 90 or 100 hours per week but it will have nothing to do with productivity. For any nation the health of the people are of paramount importance but the pollution level in our country has ensured that we are on the way to become a sick nation. We are governed today by elected Rajas and maharajas who hardly have any expertise in managing the affairs of the nation and the all-round deterioration speak loud about it. The imposition of Hindi which has been going on for almost six decades now is going to be and acid test on our managerial efficacy and unless handle with care the federal setup could disintegrate.

NMMC TO PROMOTE MARATHI LANGUAGE

..... Contd. from Page 1 opportunities will be provided for the officers and staff to showcase their love and talent for Marathi literature through competitive literary activities." The programs

during this fortnight aim to promote and spread the rich classical Marathi language, as well as to encourage the maximum use of Marathi in official work.

